

2016 MAKAHIKA CAMP GEAR LIST

WHAT TO WEAR FOR TRAMPING – day walk. Warm clothing is essential as it can get cold, especially at night!!

T – Shirt and/or polyprop top

Shorts/polyprop leggings

Long Sleeved top – warm – (in back pack)

Sun Hat – sun block

Insect repellent

Wet weather raincoat (in back pack)

Socks must also be worn (this helps to prevent blisters)

FOOT WEAR

Covered in type shoes – lace up (boots great)

One spare pair of dry shoes for evenings (croc and socks perfect)

NO open sandals / aqua shoes / crocs for day walking

BACKPACK

A small school bag, (type) to carry lunch, drink, wet weather gear, medicines for day walk.

Overnight gear is taken by vehicle to the bush hut.

Ensure there are no broken straps/zips. Students will need their hands free for walking, climbing.

Supermarket plastic bags are **NOT** acceptable.

Also needed-

- Changes of underwear and socks (enough for 4 days)
- Comfortable clothing for daytime activities (T shirts and **thermal tops**, long sleeved tops, track pants, shorts/**thermal** leggings, a warm long sleeved top **-NO jeans to be worn for daytime activities**)
- Warm hat/beanie
- Togs and swim towels
- Pyjamas/ nightwear **suitable for cooler weather**
- Towel (for showers)
- Soap and shampoo
- Toothbrush and toothpaste
- Comb/brush/hair ties
- Medication (as stated on the medical consent form)
- Drink bottle
- Torch
- **Warm sleeping bag**
- **Pillow and pillow case**
- Plastic bag to take washing and wet gear home

Optional:

- Sunglasses
- Camera
- Cards or non-electronic games to play in cabins at night
- Book

PLEASE NOTE:

- Definitely **NO** chewing gum, fizzy/energy drinks, electronic games, cell phones
- All belongings must be clearly named
- Cameras/ cell phones to be used as cameras, are taken at your own risk